

Service Providers

Helpline Contact Information

For emergencies dial 911

For Immediate Help, Contact Command Post 24/7 at DSN: 552-3000 or Commercial: (907) 552-3000

988 Suicide & Crisis Lifeline, 24/7, English & Spanish: 800-273-8255 or call/text 988

DoD Safe Helpline: 877-995-5247

Military OneSource: 800-342-9647

Service Providers

AFR Director of Psychological Health

- Anxiety / Depression / Stress
- Grief / Loss / Sadness
- Marriage & Family / Relationships
- Sleep
- Suicidal Thoughts
- Workplace Discrimination

DAF Employee Assistance Program

- Alcohol / Drugs
- Anxiety / Depression / Stress
- Education / Professional Development
- Finances
- Grief / Loss / Sadness
- Hostile Work Environment
- Interpersonal Conflicts
- Legal (i.e., wills, power of attorney)
- Marriage & Family / Relationships
- New Parent Assistance
- Nutrition / Fitness / Tobacco
- PCS / Separation
- Sleep
- Special Needs / EFM

Military & Family Readiness Center

- Education / Professional Development
- Finances
- Grief / Loss / Sadness
- Marriage & Family / Relationships
- Special Needs / EFMP

Alcohol & Drug Abuse Prevention Program

- Alcohol / Drugs

Chaplain Corps

- Alcohol / Drugs
- Anxiety / Depression / Stress
- Child Maltreatment
- Domestic Abuse / Sexual Assault (between intimate partners)
- Education / Professional Development
- Finances
- Grief / Loss / Sadness
- Homicidal Thoughts
- Hostile Work Environment
- Interpersonal Conflicts
- Legal (i.e., wills, power of attorney)
- Marriage & Family / Relationships
- New Parent Assistance
- PCS / Separation
- Problematic Sexual Behavior (in youth)
- Sexual Assault
- Sexual Harassment
- Special Needs / EFMP
- Suicidal Thoughts
- Workplace Discrimination

Child & Youth Services

- Special Needs / EFMP

Equal Opportunity

- Hostile Work Environment
- Sexual Harassment
- Workplace Discrimination

Family Advocacy / Domestic Abuse Victim Advocate

- Child Maltreatment
- Domestic Abuse / Sexual Assault (between intimate partners)
- New Parent Assistance
- Problematic Sexual Behavior (in youth)

Health Promotions

- Nutrition / Fitness / Tobacco
- Sleep

Inspector General

- Nutrition / Fitness / Tobacco
- Sleep
- Inspector General
- Child Maltreatment



- Domestic Abuse / Sexual Assault (between intimate partners)
- Homicidal Thoughts
- Hostile Work Environment
- PCS / Separation

- Problematic Sexual Behavior (in youth)
- Sexual Assault
- Sexual Harassment
- Suicidal Thoughts

Law Enforcement

- Nutrition / Fitness / Tobacco
- Sleep
- Inspector General
- Child Maltreatment
- Domestic Abuse / Sexual Assault (between intimate partners)
- Homicidal Thoughts

- Hostile Work Environment
- PCS / Separation
- Problematic Sexual Behavior (in youth)
- Sexual Assault
- Sexual Harassment
- Suicidal Thoughts

Legal

- Legal

Mental Health

- Anxiety / Depression / Stress
- Grief / Loss / Sadness
- Homicidal Thoughts
- Interpersonal Conflicts

- Marriage & Family / Relationships
- Sleep
- Suicidal Thoughts
- Workplace Discrimination

Military & Family Life Consultant

- Anxiety / Depression / Stress
- Finances
- Grief / Loss / Sadness

- Interpersonal Conflicts
- Marriage & Family / Relationships

Primary Care Behavioral Health

- Anxiety / Depression / Stress
- Grief / Loss / Sadness
- Interpersonal Conflicts
- Marriage & Family / Relationships

Sexual Assault Prevention & Response

- Sexual Assault
- Sexual Harassment

Victims' Counsel

- Child Maltreatment
- Domestic Abuse / Sexual Assault (between intimate partners)

True North Program

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| • Anxiety / Depression / Stress | • Marriage & Family / Relationships |
| • Grief / Loss / Sadness | • Sleep |
| • Homicidal Thoughts | • Suicidal Thoughts |
| • Interpersonal Conflicts | • Leadership Consultation |
| • Coaching | • Unit Outreach |
| • 100% Confidential Spiritual Counseling | • Training & Education |

Installation-Specific Resources:

Agency/Service Provider Phone Number Listing

AFR Director of Psychological Health: (907) 580-2181

Air Force Employee Assistance Program: (866) 580-9078

Military & Family Readiness Center: (907) 552-4943 or (907) 384-1517

Alcohol & Drug Abuse Prevention Program: (907) 580-2181

Chaplain Corps: (907) 552-5762
Child & Youth Services: (907) 552-5437
Equal Opportunity: (907) 552-2115
Family Advocacy / Domestic Abuse Victim Advocate: 580-5858 / (907) 947-0888
Health Promotion: (907) 551-2361
Inspector General: (907) 552-9444
Law Enforcement: (907) 552-3421
Legal: (907) 552-3048
Mental Health: (907) 580-2181
Military & Family Life Consultant: (907) 384-1534
Primary Care Behavioral Health: (907) 580-2778
Sexual Assault Prevention & Response: (907) 551-2020 or (907) 551-2035
JBER Sexual Assault Hotline: (907) 384-7272
Victims' Counsel: (907) 552-5852
American Red Cross of Alaska: (907) 444-9529 or (877) 272-7337
Military OneSource: (800) 342-9647
True North Program Manager: (907) 551-1612